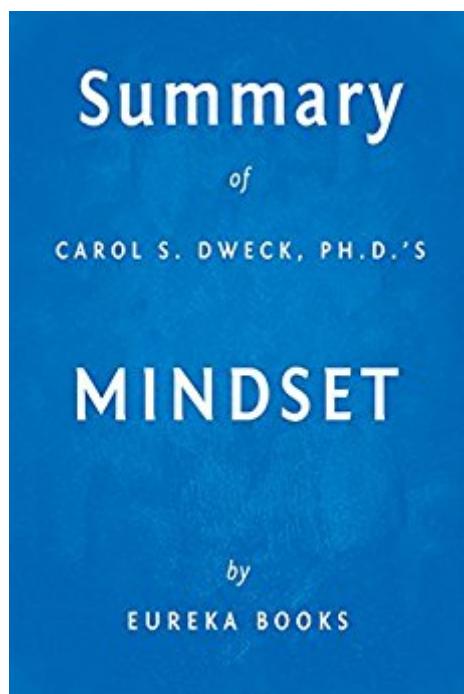


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Summary Of Mindset: By Carol S. Dweck, Ph.D | Key Takeaways, Analysis & Review



Synopsis

Mindset by Carol S. Dweck, Ph.D | Key Takeaways, Analysis & Review

Mindset: The New Psychology of Success, written by psychology researcher Carol S. Dweck, Ph.D., uncovers the differences between two core mindsets, the fixed mindset and the growth mindset. Through analysis of research and real-life accounts, Dweck examines the two mindsets and discusses why one, the growth mindset, tends to lead to a more successful and fulfilling life. This companion to Mindset includes: Overview of the book, Important People, Key Takeaways, Analysis of Key Takeaways, and much more!

Book Information

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Customer Reviews

I bought this to get the main points of the book but was very disappointed with the writing quality. It is written at a high school level, and that interfered with making sense of the content. The whole thing took 15 minutes to read.

A most disappointing superficial "Analysis" of the excellent book Mindset.

There was not enough significant content in this book, not really worth it. Same content available at the end of each chapter in the original book

After reading Carol Dweck's, Mindset, I bought this book to see if it was something I'd recommend buying for all the teachers in a school system. It is a good summary and analysis but I really recommend the original in paperback that is so much richer. Carol Dweck's own writing is a few dollars more and takes a little more time to read but it's worth it.

Excellent overview. When I realized that the original book was \$12 on Kindle, I knew that was a scam. So picked up this nifty book as a way to "hit the high notes" and it delivered! My therapist and I went over this bit and boy was it great. Way cheaper and faster than the real thing.

This is a great summary of Carol Dweck's book. I feel I have enough knowledge to discuss the book without having to read it. This was a time saver and very well written.

Very clear in the explanations. Helps one to look at their thought process.

First of all, what an amazing book! This summary convinced me that I need to read the full book, in addition to the summary. However, I'm glad I was able to read a short summary to test the waters first. The only reason this is a 4/5 instead of 5/5 is because the depth of this topic requires a full read to truly give the topic the attention it demands. What I liked about this summary were the key takeaways. I think you could probably read the 8 key summaries every day and learn something new about yourself each time. They were an effective breakdown of the entirety of the message of the book. To go a little deeper, this summary also analyzes each of the key points to give you further insight into the research done by Dweck, and what it could mean. I would recommend this summary to anyone who likes self-help books, or betterment book if "self-help" is too taboo for you.

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